

# THE FOUNTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860

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## 40<sup>TH</sup> CHARTER ANNIVERSARY CELEBRATION



Cebu Fuente  
**Rotary**  
Club



**IMAGINE  
ROTARY**

***"You Don't Imagine Yesterday, You Imagine Tomorrow"***  
**RI President Jennifer Jones**



**JENNIFER JONES**  
Rotary International President



**LILO I. ALIÑO**  
District Governor



**ANGEL "JONG" G. FERNANDEZ**  
District Secretary



**RAYMOND ALFAR**  
Assistant Governor Area 1D

Cebu Fuente  
**Rotary**  
Club



**IMAGINE**  
ROTARY

# OFFICERS, DIRECTORS & ADVISERS RY 2022 - 2023



**POULY JANG**  
President



**JOSE MARIE PONCE**  
Vice-President | President-Elect  
Director, Club Administration



**KRISTOFFER A. LLEGUNAS**  
Secretary | CICO



**ARCH. MANUEL L. TORRES JR.**  
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The Rotary Foundation Chair



**ATTY. SYDRICK G. DEIPARINE**  
Director, Membership



**ENGR. JESSELITO V. BARING**  
Director, Community Service



**PATRICK L. YARED**  
Director, Community Service



**ATTY. ERNESTO MIGUEL B. AMORES**  
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Director, Youth Service



**JOSE ALFONSO C. ABAD**  
Director, International Service



**KENDRICK S. SULAY**  
Director, International Service



**DR. MARICEL BORROMELO AMORES**  
Director, Public Image |  
Digital Transformation Officer



**ALFIE M. TORRES**  
Club Service Project Chair



**DAVE JOHN B. KARAMIHAN**  
Protocol Officer



**EMMANUEL P. TESALONA**  
Sergeant at Arms



**ARCH. JOSEPH MICHAEL P. ESPINA**  
Diversity, Equity, and Inclusion  
(DEI) Officer

## ADVISERS



PDG JOSEPH MICHAEL P. ESPINA



PDG MARY ANNE A. SOLOMON



PP RICHARD G. BARBA



PP CONRADO M. ABARINTOS



PP MARIA CELINA B. AMORES



PP MA. CONSOLACION A. PASION



# ROSTER OF MEMBERS RY 2022 - 2023



**JOSE ALFONSO C. ABAD**  
Nonlife Insurance



**CONRADO M. ABARINTOS**  
Gov't. Customs - Finance



**EMMAN REYAN C. ABAY-ABAY**  
LIC - Customs Brokerage



**ATTY. BERNARDINO T. AMAGO IV**  
Academe | Legal Services



**ATTY. ERNESTO MIGUEL B. AMORES**  
Civil Service Commission  
Legal Services



**DR. MARIA CELINA BORROME-AMORES**  
Human Resources  
Consultancy



**RICHARD G. BARBA**  
Printing Services



**ENGR. JESSELITO V. BARING**  
Environment Consultancy



**EMMANUEL C. CALALANG**  
Multi-Purpose Cooperative  
Management



**ATTY. SYDRICK JOSE ANDREI G. DEIPARINE**  
Civil Law & Real Estate  
Management



**GLENFORD ELENDRINO**  
Online Management Services



**ARCH. JOSEPH MICHAEL P. ESPINA**  
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**POULY JANG**  
Investment Advisor  
Management



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Manpower Outsourcing  
Services



**MARINA E. KAUFMANN**  
Restaurant Services



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IT Services



**ATTY. LOLITA L. LOMANTA**  
Prosecution Services



**JASON GO KIANG KEE ONG**  
Manufacturing Operations  
Management



**MA. CONSOLACION A. PASION**  
Games & Amusement



**JOSE MARIE PONCE**  
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**LUZ FILIPINAS S. SAN PEDRO**  
Metal Engraving



**DR. ALAIN O. SENERPIDA**  
Plastic Surgery



**HERMINIA FERNANDEZ SPALLER**  
Construction & Industrial  
Supplies Trading



**MARY ANNE ALCORDO SOLOMON**  
Outdoor Advertising | Signage  
Design and Production



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Retail Management



**EMMANUEL P. TESALONA**  
Precious Metal Trading



**ALFIE M. TORRES**  
BPO Operations Management



**ARCH. MANUEL L. TORRES JR**  
Roof Manufacturing



**PATRICK L. YARED**  
Resto Bar Management



# 11<sup>th</sup> General Membership Meeting

Casino Español de Cebu, Cebu City | November 14, 2022

## Rotary Foundation Month

IMAGINE  
ROTARY

Vol. 41, No. 11

### Programme

#### PART 1

Call to Order ..... **POULY JANG**  
President

Invocation ..... **AUDIO VISUAL PRESENTATION**

Philippine Anthem ..... **AUDIO VISUAL PRESENTATION**

The Rotary Hymn ..... **AUDIO VISUAL PRESENTATION**

Four Way Test and  
Objects of Rotary ..... **KRISTOFFER LLEGUNAS**  
Secretary

Introduction of Rotarians |  
Spouses, Visiting Rotarians |  
Rotaractors | Guest ..... **SYDRICK DEIPARINE**  
Director, Membership

#### PART 2

Business Matters

#### PART 3

Secretary's Report ..... **KRISTOFFER LLEGUNAS**  
Secretary

Director's Report ..... **CLUB DIRECTORS**

President's Time ..... **POULY JANG**  
President

Other matters

Adjournment ..... **POULY JANG**  
President



**Hosted by:**  
**ATTY. BERNS AMAGO IV**  
Past President

### INVOCATION

*Eternal and ever blessed  
God, grant this day light  
to the minds that hunger  
for truth, and peace to  
the hearts that yearn for  
rest. Grant strength to  
those who have hard  
tasks to do, and power to  
those who have  
temptations to face.  
Grant unto all within this  
place the ability to find  
the secret of your  
presence, and to go forth  
from here in the strength  
of the Lord. Amen.*

...Fellowship Continues...

### Quote for the Week

*"The way to get started is to quit talking and begin doing."*

- Walt Disney



# President's Message



PEACEBUILDING AND  
CONFLICT PREVENTION



DISEASE PREVENTION  
AND TREATMENT



WATER, SANITATION,  
AND HYGIENE



MATERNAL AND  
CHILD HEALTH



BASIC EDUCATION  
AND LITERACY



COMMUNITY ECONOMIC  
DEVELOPMENT



ENVIRONMENT

Dear RCCF Family,

Tonight, we are going to discuss business matters focused on the following line items:

1. The Governor's visit was rescheduled from October 29 to December 12.
2. District Project: The Girl Project is presented by the spouses and led by spouse Sandra Espina.
3. We need to collect membership dues before the end of the month of December, and we need to pay the remaining membership dues for the second semester in January.

Even though everything has been taken care of since October 29, the Governor's visit is still crucial, especially during the governor's visit. Nearly all of the district objectives have been accomplished; we are just awaiting completion of the remaining tasks set for the upcoming months.

The District's Girl Project will be led by Sandra Rtn. She will have assistance from Anna Maglasang and PAG Maricel Amores. Additionally directing them will be Fort San Pedro Rotary Club Ambassador Janel Obnimaga.

I encourage everyone to work together to make these initiatives a success since we are really honored to have been picked as the lead club for District projects.

고맙습니다  
Gomabseubnida

Very truly yours,

  
**POULY JANG**  
President, RY 2022 - 2023

Cebu Fuente  
**Rotary**  
Club 

 **IMAGINE**  
ROTARY



# From Secretary's Desk



**KRISTOFFER LLEGUNAS**  
Secretary, RY 2022 - 2023

## ATTENDANCE

	ROTARY ID #	LAST NAME	FIRST NAME	9th 10/24	10th 10/29	11th 11/14	12th 11/21	Perfect Attendance
1.	6726464	Abad	Jose Alfonso		✓			
2.	6581939	Abarintos	Conrado		✓			
3.	8794289	Abay-Abay	Emman Reyan		✓			
4.	9330462	Amago IV	Atty. Bernardino	✓	✓			
5.	6218949	Amores	Maricel	✓	✓			
6.	11227470	Amores	Atty. Ernesto Miguel	✓	✓			
7.	3362897	Barba	Richard		✓			
8.	6207695	Baring	Engr. Jesselito		✓			
9.	1166426	Calalang	Emmanuel		✓			
10.	10954392	Deiparine	Atty. Sydrick Jose Andrei	✓	✓			
11.	11227514	Elendrino	Glenford	✓	✓			
12.	2036342	Espina	Arch. Joseph Michael	✓	✓			
13.	5983997	Filipino	Rogelio		✓			
14.	11614251	Gratones	Regie		✓			
15.	10411469	Icamen	Francis Edhilson		✓			
16.	8944393	Jang	Pouly	✓	✓			
17.	3516557	Karamihan	Dave John		✓			
18.	8599266	Kaufmann	Marina	✓	✓			
19.	9804883	Llegunas	Kristoffer	✓	✓			
20.	8794288	Lomanta	Atty. Lolita	✓	✓			
21.	11313408	Maglasang	Anna Mae		✓			
22.	10709899	Ong	Jason	✓				
23.	6726443	Pasion	Ma. Consolacion					
24.	10410040	Ponce	Jose Marie	✓	✓			
25.	8599268	Rimaz	Ma. Dolores		✓			
26.	5476140	San Pedro	Luz Filipinas					
27.	8794286	Senerpida	Dr. Alain	✓	✓			
28.	11103868	Spaller	Herminia					
29.	3264107	Solomon	Mary Anne	✓	✓			
30.	8543450	Sulay	Kendrick					
31.	9330558	Tesalona	Emmanuel	✓	✓			
32.	11227493	Torres	Alfie					
33.	5176670	Torres	Arch. Manuel, Jr.	✓				
34.	10410033	Yared	Patrick	✓	✓			
			<b>TOTAL ATTENDEES</b>	<b>16</b>	<b>27</b>			

### BIRTHDAYS

November 2  
November 22

Sandra Espina  
Marivic Barba

### WEDDING ANNIVERSARY

November 18      Glen & Haile Elendrino



**B**eing asked to *Imagine Rotary* can seem like a big, heady exercise, but the most important element of it is something quite small, even personal.

Not too long ago, Rotary members were expected to perform our acts of service quietly. I understood and appreciated the thought behind that — humility is a wonderful trait, and we should continue to nurture it in other ways.

But keeping Rotary to ourselves has a cost. And by sharing our Rotary moments, we are being generous with others and giving them an opportunity to understand the impact of Rotary.

It brings to mind that wonderful aphorism that poet Maya Angelou was known for: “People will forget what you said. People will forget what you did. But people will never forget how you made them feel.”

So how do we make people feel Rotary? The best way is to share our Rotary moments. We have all had them — when the ordinary collides with intention to create something extraordinary.

Some people have those Rotary moments the first time they go to a meeting. For others, finding such a moment can take years, perhaps when seeing the joy in the eyes of someone we serve. Or in hearing from another member something that hits close to home.

As Nick and I share this journey, we are amazed

at the work you are performing and the lives that are transforming. Throughout the year, I’m going to share with you the sights and the stories that made those tours meaningful for us.

I hope you can do the same in your corner of Rotary. It can be something you share in meetings or on social media. For the most savvy and ambitious, it could be an event you publicize through local media. Even telling your stories to friends has impact.

We need ambassadors for Rotary’s message and our dreams for a better world. The best ambassadors are our members. The more you share stories — and share them from the heart — the more you encourage others to partner with us, to join us, and to stay.

To give you just one small example, in the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization. It’s important that we hear these stories directly from the people who experienced them as a way of feeling the importance of DEI for the future of Rotary.

In everything we do, what people feel about Rotary will shape our future. I can only imagine what you will inspire through the stories you’ll tell.

**JENNIFER JONES**

*President, Rotary International*



“In the months ahead, I will be turning over this column to Rotary members who will share their personal stories as they relate to diversity, equity, and inclusion in our organization.”

*P.S. November marks the 60th anniversary of Interact! I want to express my fondest wishes to our Interact members and the people who support them. Thank you for everything you do.*



### TRUSTEE CHAIR'S MESSAGE

## From trees to a forest

Many of you will recall my challenge to Rotary clubs when I was RI president in 2017-18: to plant one tree per member to help the environment. Thanks to you, we estimate over 4 million trees went into the ground — quite a forest indeed.

This month, as we celebrate The Rotary Foundation, let's remember that each Foundation project is much like planting a tree. With each sapling of hope, health, and peace, we make an investment in the future that will one day grow into something even greater.

Such a tree was planted by Rotary in Sri Lanka, where more than 2,000 children born annually with a congenital heart defect can now get corrective surgery allowing them to survive to adulthood. Local Rotarians saw a need to make the surgery more accessible, and rallied 17 Rotary districts to contribute District Designated Funds. After the Foundation matched those funds, a total global grant of \$365,000 was used to create the first human heart-valve tissue bank in Sri Lanka, with the government providing the building, staffing, and supplies to ensure its sustainability.

Visiting this life-saving facility in 2017 was an unforgettable experience for me. But I have seen countless other great "trees" planted across our seven areas of focus. We planted PolioPlus in 1985 and it has grown into one of the greatest public health initiatives in history,

helping reduce cases of wild poliovirus by 99.9 percent. Seven Rotary Peace Centers around the world have also taken root and are now bearing fruit as scores of peacebuilders and community leaders go forth with the skills to make the world more safe and secure.

Charity Navigator, an independent agency, has given The Rotary Foundation its highest ranking for more than a decade. Why? Our overhead expense level is much lower than most similar organizations — 89 percent of gifts to the Foundation went to programs and operations in Rotary year 2021-22. Not only are we efficient stewards, but Rotary's requirement of a community-needs assessment for global grants helps ensure the sustainability of our projects. And the Foundation, run by your fellow Rotarians, is a charity you can trust.

However, only about 38 percent of members actively support our own organization's great charity. We can and should do better. Just as I challenged you to plant trees as president, as Foundation trustee chair I would like to challenge each club to make a giving plan for our Rotary Foundation this year.

Imagine our impact — Rotary's great forest of hope and peace that will flourish — and please give today.

**IAN H.S. RISELEY**  
*Foundation trustee chair*

### GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2022-23

**PRESIDENT**  
**Jennifer E. Jones**  
Windsor-Roseland, Ontario, Canada

**PRESIDENT-ELECT**  
**R. Gordon R. McNally**  
South Queensferry, Scotland

**VICE PRESIDENT**  
**Nicki Scott**  
The North Cotswolds, England

**TREASURER**  
**Ananthanarayanan S. "Venky" Venkatesh**  
Chennai Mambalam, India

**DIRECTORS**  
**Alberto Cecchini**  
Roma Nord-Est, Italy

**Patrick D. Chisanga**  
Nkwazi, Zambia

**Jessie Harman**  
Wendouree Breakfast, Australia

**Jeremy S. Hurst**  
Grand Cayman, Cayman Islands

**Drew Kessler**  
North Rockland (Haverstraw), New York, USA

**Muhammad Faiz Kidwai**  
Karachi Karsaz, Pakistan

**Won-Pyo Kim**  
Gyeongju South, Korea

**Urs Klemm**  
Aarau, Switzerland

**Mahesh Kotbagi**  
Pune Sports City, India

**Patricia Merryweather-Arges**  
Naperville, Illinois, USA

**Lena J. Mjerskaug**  
Enebakk, Norway

**Vicki Puliz**  
Sparks, Nevada, USA

**Yoshio Sato**  
Okayama-South, Japan

**Julio César A. Silva-Santisteban**  
El Rímac, Peru

**Elizabeth Usovicz**  
Kansas City-Plaza, Missouri, USA

**GENERAL SECRETARY**  
**John Hewko**  
Kyiv, Ukraine

### TRUSTEES OF THE ROTARY FOUNDATION, 2022-23

**CHAIR**  
**Ian H.S. Riseley**  
Sandringham, Australia

**CHAIR-ELECT**  
**Barry Rassin**  
East Nassau, Bahamas

**VICE CHAIR**  
**Larry A. Lunsford**  
Kansas City-Plaza, Missouri, USA

**TRUSTEES**  
**Jorge Aufranc**  
Guatemala Sur, Guatemala

**Marcelo Demétrio Haick**  
Santos-Praia, Brazil

**Martha Peak Helman**  
Boothbay Harbor, Maine, USA

**Holger Knaack**  
Herzogtum Lauenburg-Mölln, Germany

**Hsiu-Ming Lin**  
Taipei Tungteh, Taiwan

**Mark Daniel Maloney**  
Decatur, Alabama, USA

**Geeta K. Manek**  
Muthaiga, Kenya

**Aziz Memon**  
Karachi, Pakistan

**Akira Miki**  
Himeji, Japan

**Bharat S. Pandya**  
Borivli, India

**Greg E. Podd**  
Evergreen, Colorado, USA

**Dean Rohrs**  
Langley Central, British Columbia, Canada

**GENERAL SECRETARY**  
**John Hewko**  
Kyiv, Ukraine







## MEETING HOSTING RY 2022 - 2023

<p><b>1.) AUGUST 2022</b></p>	<p><b>5.) DECEMBER 2022</b></p>	<p><b>9.) APRIL 2023</b></p>
<p><b>Membership And New Club Development Month</b></p>	<p><b>Area Of Focus: Disease Prevention and Treatment Month</b></p>	<p><b>Area Of Focus: Maternal and Child Health Month</b></p>
<p>Atty. Sydrick G. Deiparine Atty. Ernesto Miguel B. Amores</p>	<p>Jose Marie Ponce Emman Reyhan C. Abay-abay Jose Alfonso C. Abad</p>	<p>Dr. Alain O. Senerpida Richard G. Barba Emmanuel C. Calalang</p>
<p><b>2.) SEPTEMBER 2022</b></p>	<p><b>6.) JANUARY 2023</b></p>	<p><b>10.) MAY 2023</b></p>
<p><b>Area Of Focus: Basic Education and Literacy Month</b></p>	<p><b>Vocational Service Month</b></p>	<p><b>Youth Service Month</b></p>
<p>Jason Go Kiang Kee Ong Herminia Fernandez Spaller Emmanuel P. Tesalona</p>	<p>Atty. Ernesto Miguel B. Amores Dr. Maricel Amores Alfie M. Torres</p>	<p>Atty. Lolita L. Lomanta Rotaract Club of Cebu Fuente Combased, USC &amp; UV</p>
<p><b>3.) OCTOBER 2022</b></p>	<p><b>7.) FEBRUARY 2023</b></p>	<p><b>11.) JUNE 2023</b></p>
<p><b>Area Of Focus: Community Economic Development Month</b></p>	<p><b>Area Of Focus: Peacebuilding and Conflict Prevention Month</b></p>	<p><b>Rotary Fellowships Month</b></p>
<p>Mary Anne A. Solomon Kristoffer Llegunas Maria Dolores Rimaz</p>	<p>Arch. Manuel L. Torres Jr Marina Kaufmann Kendrick S. Sulay</p>	<p>Conrado M. Abarintos Ma. Consolacion Abad Pasion Lulu San Pedro</p>
<p><b>4.) NOVEMBER 2022</b></p>	<p><b>8.) MARCH 2023</b></p>	<p><b>Dates to Remember</b></p>
<p><b>The Rotary Foundation Month</b></p>	<p><b>Area Of Focus: Water, Sanitation, And Hygiene Month</b></p>	<p><b>World Polio Day</b> October 24, 2022</p>
<p>Atty. Bernardino T. Amago IV Arch. Joseph Michael P. Espina Glenford Elendrin</p>	<p>Engr. Jesselito V. Baring Patrick L. Yared Dave John B. Karamihan</p>	<p><b>40<sup>th</sup> Charter Anniversary:</b> October 29, 2022</p> <p><b>Holy Week:</b> April 2-8, 2023</p> <p><b>World Rotaract Week:</b> March 13-19, 2023</p> <p><b>Rotary's Anniversary:</b> February 23, 2023</p>

# SERVICE ABOVE SELF

## THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

**FIRST.** The development of acquaintance as an opportunity for service;

**SECOND.** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

**THIRD.** The application of the ideal of service in each Rotarian's personal, business, and community life;

**FOURTH.** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

## THE FOUR-WAY TEST

Of the things we think, say, or do:

1. Is it the truth?
2. Is it fair to all concerned?
3. Will it build goodwill and better friendships?
4. Will it be beneficial to all concerned?

## ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians:

As a Rotarian, I will

1. Act with integrity and high ethical standards in my personal and professional life
2. Deal fairly with others and treat them and their occupations with respect
3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
4. Avoid behavior that reflects adversely on Rotary or other Rotarians
5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.

## Stephanie A. Urchick selected as 2024-25 Rotary president

**Stephanie A. Urchick** of the Rotary Club of McMurray, Pennsylvania, has been selected as president of Rotary International for 2024-25. The decision will make her only the second woman to hold the position since Rotary's founding in 1905.

"I am overwhelmed and excited," says Urchick. "I look forward to this new chapter in my Rotary experience and to leading the organization by continuing to inspire Rotary members around the world. The magic of Rotary happens at the club level, where the people are serving their communities."

With the world facing challenges like the COVID-19 pandemic, climate change, and international conflict, Urchick says, Rotary's leaders can turn threats into opportunities and ease despair by offering a vision, narrative, and plans of action.

"Measures taken by Rotary leadership to resolve critical challenges make our organization stronger and more resilient," she says. "This kind of essential leadership also creates new levels of cooperation, even among rivals, when Rotary members pull together as people of action to serve, and to solve a crisis."

A Rotary member since 1991, Urchick has served Rotary International in leadership roles at every level, from club president and district governor to RI director and trustee for The Rotary Foundation. "These experiences have served me well because they have given me the depth of knowledge and understanding about Rotary," says Urchick, who describes herself as a "rolling up your sleeves and getting things done leader." "Every organization needs a right leader at the right time. I am the right leader at the right time because of these skill sets and knowledge."

Making regionalization a priority is crucial, says Urchick. "Because Rotary operates in more than 200 countries and geographical areas, it is vital to recognize that the organization can become more efficient and effective by understanding regional differences. Such differences affect the way Rotary members work together to provide service, promote integrity, and advance world understanding, goodwill, and peace," she says.

Urchick has participated in a variety of international service projects, including National Immunization Days in India and Nigeria. She traveled to Vietnam to help build a primary school and to the Dominican Republic to install water filters. She studies several Slavic languages, has mentored new Rotary members in Ukraine, and coordinated a Rotary Foundation grant project in Poland.

Rotary's presidential selection occurred on 8 August, and Urchick was declared president-nominee on 16 September when no challenging candidates came forward.

Every year, the presidential nominating committee, which consists of past RI directors from half of Rotary's zones, selects the president. The zones alternate each year.

Only past RI directors are eligible to serve as president, and most presidents have held additional leadership roles, including serving on committees that offer international experience. ■



- Former partner and chief operating officer of Doctors at Work LLC, a consulting and training company in Pennsylvania
- Doctorate in leadership studies from Indiana University of Pennsylvania, bachelor's degree from the University of Pennsylvania
- Rotary International director (2019-21)
- Rotary Foundation trustee (2012-14)
- Past member of Rotary's Election Review Committee and the Operations Review Committee
- Foundation Major Donor and Bequest Society member

We want people to feel that there's value in getting involved in Rotary to create changes in themselves, in their communities, and in the world.



# ADOPT

(A Dose Of Positive Thoughts)

**DR. MARICEL BORRROMEO-AMORES**

Public Image Director 2022-2023

Asst. Governor A1B 2021-2022

President 2017-2018



Being a bigger person in life requires real grit and resilience. Simply choose love in whatever you do and be the person who ends the cycle. If it is not reciprocated, it is alright because loving requires no conditions.

Be mindful of your place in other people's lives, though, and behave appropriately. Someday, the person who rejected you will eventually come to realize that he has lost the most important thing in his life. Hopefully, it will not be too late.

## Be the person

who breaks the cycle. If you were judged, choose understanding. If you were rejected, choose acceptance. If you were shamed, choose compassion. Be the person you needed when you were hurting, not the person who hurt you. Vow to be better than what broke you - to heal instead of becoming bitter so you can act from your heart, not your pain.

- Lori Deschene

*soul vibes*



## 10-29-2022 10th RCCF GMM RY 2022 - 2022 (40th Charter Anniversary)



## 10-29-2022 10th RCCF GMM RY 2022 - 2022 (40th Charter Anniversary)



## 11-04-2022 Meet our Ambassador for the End Polio Now Campaign BB Pilipinas International Nicole Borromeo



## 11-05-2022 Meeting with Possible New Rotary Club in Toledo City, Cebu





## 11-05-2022 Train the Trainers Workshop for RY 2023 - 2024





**By: DR. MARICEL BORROMEO-AMORES**

Public Image Director, RCCF RY 2022-2023

Past Assistant Governor Area 1B D3860 RY 2021-2022

President, RCCF RY 2017-2018



## THE GIRL PROJECT

The GIRL Project's thrust is for every girl to be self-assured, strong, and stunning from the inside out.

Kudos and bravo to the shakers and movers of The G.I.R.L. Project of Rotary International District 3860, which is being sponsored by the Rotary Club of Cebu Fort San Pedro and is led by the **Club President Aniana Boliche-Saunders, District Co-Ambassador for Empowering Girls Atty. Janel Obnimaga, and project co-chair Kristina Pestano.**

The powerhouse speakers gave lessons focused on *choosing a thing that truly interests these girls and pursue it with passion.*

Another very important message was that **Confidence** is the most attractive thing you can wear. The goal of feminism is not to empower women. It's important to alter how the world views women's strength since "women are already powerful;" thus, live your life accordingly.

It was a very successful project, with dozens of lovely girls participating in enjoyable activities, hearing inspiring messages from strong women, engaging in healthy conversations with other girls, and spending great time together.

Rotary District 3860 | IMAGINE ROTARY

Host Club: Rotary Cebu Fort San Pedro

Imagine making a difference one girl at a time.

# THE GIRL project

Meet our amazing speakers

- Dr. Michella Collana** (Mentor | Psychologist) - Social and psychological effects of excessive gadget use
- Lt. Col. Maria Maramba** (Mentor | Police Officer) - Women in law enforcement and security with basic self-defense techniques
- Binky De Leon** (Mentor | Educator) - How to be your most confident self

REGISTER NOW: <https://bit.ly/GIRLregistration>

FREE\* for participants (girls aged 8-14 years old) / P200 for companions & guests

**OCTOBER 16, 2022**  
1:00 - 4:00 PM

Grand Residences Cebu Clubhouse, Gov. M. Cuenco Ave., Banilad, Cebu City

Proceeds from this activity will be used to support the HOME OF LOVE by the Mary Queen of Heaven Missionaries, the RI Empowering Girls Campaign and other RCCFNP projects.



Rotary Club of Cebu Fuente was duly represented by President Pouly Jang, Past District Governor & Public Image Director Maricel Borrromeo -Amores, & Vocational Director Erl Amores

It is my desire for every girl to be self-assured, strong, and stunning from the inside out, so I would have been delighted to be there with you in person. My deepest gratitude goes out to The G.I.R.L. Project of Rotary International District 3860, which is being sponsored by the Rotary Club of Cebu Fort San Pedro and is being overseen by club president Aniana Boliche-Saunders, district co-ambassador for empowering girls Atty Janel Obnimaga, and project co-chair Kristina Pestao.

Choose a thing that truly interests you and pursue it with passion. Confidence is the most attractive thing you can wear. The goal of feminism is not to empower women. It's important to alter how the world views women's strength since "women are already powerful;" thus, live your life accordingly.



The Shakers & Movers of the GIRL PROJECT- Rotary Club of Cebu Fort San Pedro headed by President Aniana Boliche-Saunders, District Co- Ambassador for Empowering Girls, Atty. Janet Obnimaga, & project co-chair Kristina Pestano





# IMAGINE TRANSFORMATION

Renew your connections, perspective, and imagination in Melbourne, Australia, and carry the energy home to light up your community and communities around the world. You'll be transformed as you **Imagine What's Next.**

**2023 ROTARY INTERNATIONAL CONVENTION**  
**MELBOURNE, AUSTRALIA**  
27-31 MAY 2023



*Register today at*  
**[convention.rotary.org](https://convention.rotary.org)**



Cebu Fuente  
**Rotary**  
Club



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**100% PAUL HARRIS CLUB  
in Rotary International  
District 3860  
for RY 2016 - 2017**

Invite someone to become a  
**Rotarian** today.

Cebu Fuente  
**Rotary**  
Club



**Join Leaders**  
**Exchange Ideas**  
**Take Action**



**Spread the Word!**